

# Welcome to Louisville!

## FOOD

There are many fantastic restaurants in Louisville. Some of these are close to the conference hotel (downtown and “NuLu”) but many of the best restaurants in Louisville are on Bardstown Road or Frankfort Ave (about a 10 minute cab/Uber ride away).

### **Downtown & NuLu**

- Mayan Café – Latin, Central American <https://themayancafe.com/>
- Vincenzo’s – Italian <https://www.vincenzositalianrestaurant.com/>
- Harvest – Farm to Table <http://www.harvestlouisville.com/>
- Mussel and Burger Bar <https://www.mussel-burger-bar.com/>
- Milkwood – American/Korean Fusion <https://milkwoodrestaurant.com/>

### **Bardstown Rd. Area**

- Seviche – Latin traditional with a Southern twist - <https://sevicherestaurant.com/>
- Jack Fry’s – American – the restaurant that **Little Jack’s in Charleston** was modeled after. <https://www.jackfrys.com/>
- Lily’s Bistro – American, nice bourbon list <http://lilysbistro.com/>
- Ward 426 – Southern <http://www.ward426.com/>

### **Frankfort Ave. Area**

- Volare – the best Italian Restaurant in town <http://www.volare-restaurant.com/index.html>
- Veranese – American <https://varanese.com/>
- The Irish Rover – Irish pub food <https://www.theirishroverky.com/>

### **Germantown/Old Louisville**

- Couvillion – Cajun <https://www.eatcouvillion.com/>
- Bucks – American <http://www.buckslou.com/index.aspx>

### **Great Bars that are also Restaurants:**

- Hell or High Water – a speakeasy with small plates. Make reservations. 112 W Washington St, Louisville, KY 40202 (12 minute walk) <https://www.hellorhighwaterbar.com/>
- Doc Crow’s Southern Smokehouse and Raw Bar, 127 W. Main St. (7 minute walk) <http://doccrows.com/>

- Down One Bourbon Bar, 321 W. Main St. (7 minute walk) <https://www.downonebourbonbar.com/>
- Merle’s Whiskey Kitchen, 122 W. Main St. (7 minute walk) <https://merleswhiskeykitchen.com/>
- Proof On Main, 702 W. Main St., in the 21c Museum Hotel (11 minute walk) <https://www.proofonmain.com/>
- Silver Dollar, 1761 Frankfort Ave (11 Minute Uber) <http://www.whiskeybythedrink.com/>
- Bourbons Bistro, 2255 Frankfort Ave. (10 Minute Uber) <http://bourbonsbistro.com/>

## **BEER**

### **Bars**

- Holy Grale (10 minute Uber) <https://holygralelouisville.com/> + food
- Sergio’s World of Beers (8 minute Uber) <http://www.sergiosworldbeers.com/>
- Hopcat (four doors down from Holy Grale) <https://hopcat.com/louisville> + food
- Louisville Beer Store (30 minute walk and Near Akasha Brewery) <https://louisvillebeerstore.com/>
- Eiderdown <http://eiderdown-gtown.com/> + food
- Nachbar 969 Charles Street (hole in the wall near and owned by Eiderdown)

### **Breweries - Walking distance (walking time)**

- Akasha (30) <https://www.akashabrewing.com/>
- Against the Grain (20) <http://www.atgbrewery.com/>
- Goodwood (24) <http://goodwood.beer/>
- Bluegrass Brewing (9) <http://www.bbcbrew.com/>

### **Breweries - <15 minute Uber**

- Gravely <https://gravelybrewing.com/>
- Great Flood <https://www.greatfloodbrewing.com/>
- Mile Wide <https://www.milewidebeer.com/>
- Monnik <https://monnikbeer.com/>
- Cumberland <http://cumberlandbrews502.com/>
- Apocalypse <http://apocalypsebrewworks.com/>
- V-Grits/False Idol <https://www.vgrits.com/> a vegan restaurant with a brewery

### **Across the river in Jeffersonville (10 minute Uber ride or walk across the pedestrian bridge)**

- Flat 12 <https://flat12.me/jeffersonville/>
- Red Yeti <https://www.redyetiiff.com/>

## **BOURBON**

Did you know that 95% of all bourbon is produced in Kentucky? For those who want to learn more about “America’s Native Spirit” there are several options within walking distance of the conference hotel.

- [Evan Williams Experience](#) - 528 W Main St
- [Old Forester Downtown Distillery](#) - 119 W Main St
- [Peerless Distilling](#) - 120 N 10th St
- [Jim Beam Urban Stillhouse](#) – 404 S 4th St
- [Angel’s Envy](#) - 500 E Main St
- [Michter’s Fort Nelson Distillery](#) - 801 W Main St

Each of the above offer reasonably-priced tours (including tastings) that can be booked online. If you only have time for one, the Old Forester tour is the most comprehensive and includes a visit to their onsite micro-cooperage.

For those who are willing to venture outside of the city, the world’s seven major bourbon distillers are located within 90 minutes of downtown.

- [Buffalo Trace](#)
- [Jim Beam](#)
- [Maker’s Mark](#)
- [Wild Turkey](#)
- [Four Roses](#)
- [Heaven Hill](#)
- [Woodford Reserve](#)



After you experience the production side of the market, it’s time for some consumption! Almost all restaurants and bars in the Louisville metro area will have a dedicated bourbon menu but some of the best places to grab a great “pour” (and a bite to eat) include;

### **Downtown**

- Charr’d Bourbon Kitchen & Lounge, 1903 Embassy Square Blvd., Louisville Marriott East (American pub food with a Kentucky/Bourbon twist)  
<https://www.marriott.com/hotel-restaurants/sdfls->

[louisville-marriott-east/carrd-bourbon-kitchen-and-lounge/5303541/home-page.mi](https://www.marriott.com/hotel-restaurants/sdfls-louisville-marriott-east/carrd-bourbon-kitchen-and-lounge/5303541/home-page.mi)

- Doc Crow's Southern Smokehouse and Raw Bar, 127 W. Main St. (BBQ, southern & seafood)  
<http://doccrows.com/>
- Down One Bourbon Bar, 321 W. Main St. (southern)  
<https://www.downonebourbonbar.com/>
- Merle’s Whiskey Kitchen, 122 W. Main St. (southern)  
<https://merleswhiskeykitchen.com/>
- Proof on Main, 702 W. Main St. (modern, farm to table) <https://www.proofonmain.com/>
- Haymarket, 331 E Market St. (“dive” bar vibe)  
<http://haymarketwhiskeybar.com/>
- The Old Seelbach Bar, 500 S 4th St (apps & small plates only, in the historic Seelbach hotel, featured in The Great Gatsby)  
<http://www.seelbachhilton.com/dining>
- Sidebar, 129 N 2nd St (American pub food)  
<http://www.sidebarwhiskeyrow.com/>

### **Frankfort Avenue Area (5-10 min Uber ride)**

- Bourbons Bistro, 2255 Frankfort Ave. (surf & turf)  
<http://bourbonsbistro.com/>
- Silver Dollar, 1761 Frankfort Ave. (“American-South-in-Southern-California”)  
<http://www.whiskeybythedrink.com/>

## **CULTURAL**

Louisville is known for many things, but most famous may be The Kentucky Derby, Muhammad Ali, The Louisville Slugger, and Kentucky Fried Chicken. We have museums for all but one of these.

- Muhammad Ali Center <https://www.alicenter.org/>
- Louisville Slugger Museum  
<https://www.sluggermuseum.com/>
- Kentucky Derby Museum  
<https://www.derbymuseum.org/>
- Frazier History Museum <https://fraziermuseum.org/>
- Speed Art Museum <https://www.speedmuseum.org/>
- Howard Steamboat Museum  
<http://www.howardsteamboatmuseum.org/>
- Falls of the Ohio/Lewis and Clark Bicentennial Park  
<https://www.falloftheohio.org/>
- Big Four Walking Bridge 129 East River Road – A nice walk to Jeffersonville for dinner and a view of Louisville.